

JOAN: Good Evening, everyone, this is Joan.

JOHN: And this is John. Hope everybody is doing well this evening.

Last time we talked to the gang, one of the first things they asked us to do was to express to you all how well they think you are doing. They are just blown away by the progress that the group is making and are very pleased and wanted to thank you for your efforts. They are just delighted.

When I listened to that conversation, it was all like a bunch of Elves jumping up and down [Ha ha!], smiling and dancing. So, I just wanted to let you know that sometimes it doesn't get said but this is a great group, and you're doing a super job.

Now, as far as the schedule for tonight, it's basically going to be similar to the last session. We'll start with a meditation by Gabriel and then have an open discussion for you to share with the group how you're handling the material and what's been happening to you over the last couple of weeks.

But we ask that please save your questions for the next part, when Yeshua will be here to help you with the answers.

So, if you could adhere to that, that would be great, make things move a little slower.

Then after that Lord Metatron will present some new material that will assist us in our continuing development.

Now, just a reminder and most of us know, but probably some new people from time to time – so, when you want to get on and you want to talk, you should push *6 on your phone and then the number 1, to be put in the queue. And I know you guys know what happens after that.

So, let's get started with our dear friend, Archangel Gabriel.

[2:09] ARCHANGEL GABRIEL CENTERING MEDITATION, THROUGH JOAN:

Greetings, Beloveds, it is I, Gabriel.

I have come to be with you, to lead you in a centering meditation. But before we begin that meditation, we Archangels would like to express our gratitude to you for what you are creating in this Collective group.

You have been very successful in creating a unified coherence within your 14-chakra system. And this will be invaluable to you in moving your consciousness into a more multidimensional state. It will be invaluable to you in helping the body to regenerate itself into a more unified functioning, where there is more, not just health and well-being, but, as you know, the body itself has to change, as the consciousness changes and as you have this massive of your Spirit into your body. That body has to change to accommodate that seating.

And that's why we are all here together, is to seat this Divine Image that is every human's right as that human Christed form that carries that Image into all parts of creation that have any form, and to those that have no form. You are that Image.

So, it's important that we get that seated in the body, and we change the frequency range and the vibration of the body to be a more multidimensional vehicle and to make it much easier for you to navigate your life experience. Not only that, dear Ones, but it's important that we begin to anchor everything that we do together into the Earth, into that Christed Matrix, connecting in with the Christed Matrix in the Heart of Gaia.

You hold that in your Sacred Heart, and you must transfer that Image back into the Christed Matrix, into the Earth, so that the Earth itself begins to vibrate with that Christed Image in a much more expansive range, not just for Earth, not just for your Solar System, but for this entire galaxy and into other galaxies of the universe, this particular universe. This is what you are doing in this gathering, step by step.

So, now, please take a deep breath..... and exhale all of the thoughts and the cares of your day, and get very present in this moment.....

So as you breathe in Love into your Sacred Heart, exhale Light.....

And breathe in that Undifferentiated Light of Source – your Undifferentiated Light that you are now creating – and exhale that expansive Love that you hold in your Sacred Heart.....

Now, begin to focus your attention in the Sacred Heart, for it is this space that you create as that Divine Image.....

From this vantage point, see your entire 14-chakra system functioning in this massive vortex of spinning, unified energy. And as it spins and spins in Unity, it begins to emanate Christ Consciousness in a very precise way. There is a golden hue that now comes forth off of this spinning of the chakra system of each individual. And as a Collective Consciousness, it then expands into the wholeness of the Collective Consciousness of each and every individual participant....

We Archangels add to the vibration of that Christed Image, for we too carry it..... All of the Masters who have taken embodiments time and time again, as have you, add to this Christed emanation, as the entire chakra vortex expands to encompass this total gathering, spinning and whirling, in great coherence. And the more it spins, the more it emanates a very refined Christed vibration.....

With your intention, as a Collective, let us seat that vibration into the Earth, into Gaia, into the Heart of Gaia, into the Christed Matrix, activating that matrix to another level of vibration. And the Earth lights up, and it begins to glow with that golden Christed glow, from the inside to the exterior, into the electro-magnetic field of the Earth.....

And the Elementals rejoice..... and graciously, lovingly receive what you have offered in great Love.....

Together, Earth, the Elementals, our Collective Consciousness is now one whirling vortex of energy, emanating the Christed Image, as it was intended to transmit to all parts of the cosmos..... [Pause] operating as a unit, as a Collective Consciousness, a massive Collective Consciousness.

You are still the individual expression of the Divine, simultaneously gathering that consciousness through your Sacred Heart..... very conscious and very present in the moment.....

So, let us continue with this gathering.....

JOHN: Thank you, Gabriel. We are so honored to have you with us and let you share you Presence and your wonderful thoughts with us. Every time that we get together, and we don't say thank you enough, but we will say it again: "Thank you!"

[15:18] Now, I'd like to talk a little bit about what's coming up in the next few sessions. We will be orchestrated, these whole sessions, by the Collective Consciousness of the All That Is. This is a little different, now. It will be presented in the compressed iteration of the Collective by a Triadic formation of Lord Metatron, Master Yeshua, and Master Kuthumi. And I think all of us are used to that Triad by now. Our group has stepped into new territory and can easily accept the various iterations of this Collective Consciousness that is being expressed.

Now this is important that you understand, because we will be exploring Unity Consciousness at a more in-depth level in the coming year. We will be doing a lot more than just the 5th, 6th, 7th dimensional states, but we'll be exploring the vastness of our Being at the Divine level. We will be seating the vastness of our Being, both at the Divine individual as well as the Divine Collective Image. Now that's important, that we continue to reinforce this every session, so that this gets seated in the consciousness as well as our unconscious.

The Collective Consciousness of the All That Is will be energetically modeling to us the individual Divine Image as well as the vast Collective Image. What's needed is that we are now all that simultaneously.

Our quick review: In the previous session, we created a unified and coherent expression of the 14-chakra system. We altered the frequency range of the first seven through the merging of the chakra energies with the vast unifying energy of that beautiful Sapphire Blue Star Tetrahedron. We altered that vibration of the body substantially. Because of this alternation, the first seven chakras became energetically compatible with the upper seven, so that we can create a vast unified field of expression. Because there is unity and compatibility within the 14-chakra system, we no longer need a bridge between our upper and lower sets of chakras. The chakras are no longer a linear expression but become a huge whirling vortex of Divine energy that exceeds into our Unified Field.

Now, next we merged the Sapphire Blue Star Tetrahedron into the White Star Tetrahedron in the Sacred Heart. We were able to access a greater consciousness that it contains.

We have begun to see the holiness for ourselves and now we are the Holy Spirit in form. We can direct our life experience from this beautiful consciousness.

Now, Joan, I know that you've got a couple of extra points you'd like to make, so please....

[18:43] JOAN:

Well, yes. First of all, again, I want to say that I am thrilled to see the communication that is going on on our private Facebook page. I think you're really taking advantage of that communication vehicle. And it stimulates all of us into a more expansive experience of what is being given to us during these meeting times.

And we are being influenced by these vast codes and vibrations of the Sapphire Blue Star Tetrahedron and also as it is merged back into that White Star Tetrahedron, that carries all of these vast codes, color codes, all of the various vibrations. It's a massive mechanism. This Tetrahedron is what holds those vast codes and vibrations in a format that it can be usable in the realm of form.

All of this begins to support the work that we've done previously with the Light Body awakening. And it supports that experience in the body. We're not only here to seat that Divine Image more precisely through our bodies, but we're also here to expand the awakening of the Light Body. And I know all of us are anxious to see that happen. The more refined frequencies and vibrations of the two Tetrahedrons working together in coherence affects all parts of our body. It affects the neurology to become much more coherent, and most importantly, it affects our mental-emotional body to a great extent.

And I wanted to draw your attention to the fact that through the communication and the experiences that have been exchanged, some of them on this Facebook group page, stimulates you to take what you have been given in the gathering and expand that.

You just intuitively know that yes, we've joined these 14-chakra systems. But I know Katie expressed that she immediately started working with the Triads, the Triadic system, the 1st, 2nd, and 3rd Triads. I want to encourage you to continue doing this, because this is where the co-creative mechanism really kicks in. Not only are we able to voice what's going on with the experience of the material, but we are beginning to expand with it and then communicate that to others. So that really impacts the level of teaching that we get when we come together in these gatherings, because a lot of the work you do on your own – you create on your own!

So this is the most effective way that we can utilize our presence in this collective gathering. So don't be afraid to allow yourself to expand further in your experience. Don't doubt what you intuitively see and know within yourself. I want to encourage you to continue in this way.

And John, got more to say?

[23:19] JOHN: [Laughter]

Just one final note before we begin our discussion. When Metatron is finished with his energetic work tonight, our session will be over for the evening. Our next session will be March 1, same time, same place. So, let's just get started with the comments and observations.....

JOAN: When we start this session, I have asked Katie Peercy to make some comments first, because she posted, she was brave enough to post her experience in this last couple of weeks.....

[Extraneous comments getting the discussion started and during it are omitted]

[24:38] GROUP DISCUSSION:

(1) Katie:

Yeah, I've had quite an interesting month playing/working with the Star Tetrahedron energies, because the first session, when we were asked to put it in individual chakras, I was trying to follow. And it just didn't really go, because we have worked some much with the Triad system, even unifying the lower three chakras and bringing them in resonance with the Triads, centered around the Heart/High Heart/and Throat.

And so, I just kind of watched what was happening. And I felt kind of unbalanced those first two weeks, because we had not firmly seated the Blue Star Tetrahedron in the upper chakras, even though I felt it going there a bit. And the whole first two weeks, I was aware of a massive amount of work in the front of my throat chakra, the upper part of the 1st Triad. And that's still going on. And from other people's comments, that's happening I think to many of us.

Then in the 2nd session, when we got to, as a Collective – those incarnated and not incarnated, put the Blue Star Tetrahedron in the rest of the seven chakras, it like all lit up: the 1st Triad and especially for me the 2nd Triad. I've not felt this before in the head area. It was like I had had a machine with its parts, its cogs and its wheels, just kind of sitting around, maybe vibrating here, vibrating there. And when we put the Blue Star Tetrahedron in, it became one unified, spinning, functional set of wheels and gears and whatevers. It was massive.

But then for me, there's still something interesting going on with the crown chakra. And at first I thought I was resisting fully putting the Blue Star Tetrahedron into it. And what I'm thinking now, maybe I'm not resisting..... I'm just watching. And at least for me, the timing's not quite there, because when that 3rd Triad truly goes on line, it's going to be a huge step. And maybe there's some other step I need to do first, or maybe it's a group activation..... I'm just waiting to see. So for me, at the moment, this crown chakra entry point into the 3rd Triad is really interesting..... to see what we do this session.

Joan: Yes, thank you, Katie, for sharing. That was a really important piece that you had to share, because you trusted yourself enough to just go with it. And I want to encourage everyone to do the same.

Katie: And I love the comments I got back. I would love to see us get more into back and forth comments on Facebook, like sometimes we do texting or with emails or in phone calls, because we say something and someone else gets lit up and comes back with something and we, as a group, sometimes create just amazing things by just sharing and knowing that if we're feeling it, it's OK.

Joan: Yeah, perfect, perfect, yes, thank you. And I did know that..... because we're just now getting our feet wet in this new process. So I'm just encouraging everybody to take advantage of that, because it's invaluable in getting these energetics seated more fully in our bodies. So, great!

[29:10] (2) Vera: Hello.... Hi, it's Vera here.

I'm very glad that you are encouraging to share, because I was facing within me, I don't know if it was a residual of fear, but how to share and what is allowed in our group to share. I know we have a vast variety of experience within the alchemy process. And so I got that message too, for myself. Because I can see that the Collective and I are almost one, as I allowed within me..... how shall I..... I felt as if I had been swimming in a womb of creation. It's like I didn't want to come into my body, that was my first translation, from last time. So I've been swimming there, and when I was entering into the body, it's like I was resisting or the body was resisting. And so, I asked how am I going to be with this?

And one night, it was like I felt such enormous Love and I could view the body or I got information how I could communicate with the body. It sounds very strange. And this is what I've been fearful of sharing, because it's a process, and I realize it's a journey that is the success as well. And then, I came into the body, the vehicle, and I see, God, this is a vehicle. And I found a way to communicate with resisting parts or chakras. And I didn't have access into the physical until I found a key of alignment in how I talked and communicated with it. And then it just went aligned and.....

Does it make sense what I'm saying?

Joan: Yes, absolutely, absolutely, because this is what it's all about. It's about communicating with our body, valuing our body, valuing our life. We've been taught the body is bad and it's not. We are dependent on it, yes. Thank you, Vera, for sharing.

Vera: And then I just want to add that the Blue Star frequency was saying that it will bring and alter our emotion, and I really felt that. And then one day I woke up and I could see, God, I am a Being. I AM Love from Source. And I never experienced that before. I woke up and I almost felt it was a smooth descending into the body. And I woke up happy and clear, and this happened Monday. And I don't know if anyone else has felt that Monday (we live in different zones) was a particular..... it feels like I've been activated or entered into a new life.

Joan: Wonderful! Thank you!

[33:32] (3) Beth

Yes, this is Beth..... Well I appreciate everybody's contribution there. I think it is, for me, this getting more coherence between the body and the Spirit has been a bit of a challenge. The activation, I really felt like it worked, but my body is a little bit, I don't know if it's reluctant, but I have to be very cautious now and not force things, because it wants to stay in synch together. So I'm slowing down.

Joan: Well sometimes you have to do that. The body is still sluggish; it's still a 3rd dimensional vehicle. It's not, you know we haven't made that changeover. So you have to be compassionate with yourself, really, and just trust that it's a process and that, however that is, you have to be gentle.

Beth: Right. Well, to go back to the 1st of February. There was that world-wide collective meditation to project peace in Syria and that area of the world.

John: That was real special, wasn't it.

Beth: It was. We have ten-fifteen minutes that were very intense and everyone did it from their own capacity and how they saw things. And I felt like that going in to what we are doing right now just immediately projected huge waves of Love and compassion. So, that did seem to have a big impact, as I understand, anyway, on what the basic reason for the whole meditation. But more than that was the fact that we can link up in that field and there's just so much that we can do in this co-creation of the new world. So, it's ourselves and then tapping into that wonderful Source that is trying to really create a new template or amplify what is there. So I just wanted to share that maybe other people noticed something too. But I found the 1st of February to be a very powerful day.

Joan: Wonderful.

John: Did you read about the actual results on that hilltop in Syria?

Beth: I did, did you?

John: That was really something, got the old goosebumps on the arms.

Beth: Right.

John: Well, thank you again!

[36:44] (4) Sharka

Hi, this is Sharka. My experience was a little different than the first three before. When I was able to immediately see the vortex of the energies combined, combining those first four chakras. In this week, with the second class, I actually was very easily seeing the three vortexes for each of the additional chakra, however combining them came much later. I know we aren't supposed to worry, but I was thinking, well how come I am not combining them yet, I'm not experiencing it? However, then I realized that the bridge was gone, so I thought that they must be combined, because there is no bridge. As I thought of it, I saw the energy coming up, like the descending energy coming up, but very, very gently. It was not like strong. I know it was powerful, but it was kind of gentle.

However, during that second week, when I was doing it every day, then I would notice that I started to kind of receive the descending energy also. Actually one day of the last week was very, very strong. It was like my head was spinning, then I realized this was the energies coming down, almost nailing me down to the ground. Then after that, I kind of like thought that I could experience those energies at the same time, coming up and coming down at the same time. My rational mind was saying, "that is not possible." I was accepting it, I know that I was experiencing something different.

Joan: Wonderful. Well, thank you for sharing, Sharka!

[39:32] (5) Jody

Hello..... Are we still talking about..... can I still tell you how my weeks have gone? It's been absolutely like everything seems to be opening. There's been up and down and so there's been plenty of challenges, but yet the challenges seem to be met with an ease. And so I keep putting freedom and ease in my space. But it's like when a solution comes in, it's not that I have fought for the solution as much as just..... I've been working with intention and the spinning of the Blue Star Tetrahedron and the White Tetrahedron and working in community has just..... I've just expanded and I'm seeing things clearer, I'm seeing things easier. And life is still going to happen. I wouldn't know what to do if it didn't keep happening. But it's been fun. It's been, I'm just going to keep using the word expansive. And coordinating things is easy, dealing with people seems to be easy. The right people are showing up at the right time; the wrong people are disappearing into the woodwork. [John: Yeah!]

It's good, yeah, oh, thank God. It's been good. And the more I focus on that spin and just allowing. And it feels really good not to have to have the answer, but to trust in the process and to not feel like I have to do everything. Somebody's got my back. The Big Guys upstairs. You know, what I mean – it's Spirit, it's me, it's all of that that is working it. It's not me forcing anything.

Joan: Well, the ego has taken the back seat now. And the Spirit, the vastness of who you are, and the wisdom of that part of you, is getting more integrated into the daily life experience.

Jody: Thank you for having this interactive. I love the interactive.

Joan: Well, it's kind of a short..... you know, we've got about fifteen or twenty minutes allotted for that, but it's enough that it encourages people to voice. And that's important.

Jody: It helps me feel that belonging. [Joan: Yes!] So thank you.

John: That word Unity comes in, doesn't it.

Jody: Yeah, I guess it does. [Laughter] Thank you, John!

John: OK, let's everybody take a deep breath here and help Joan bring in Master Yeshua for some question and answers.

[43:32] Q&A WITH JESHUA AND MASTER KUTHUMI:

Greetings, it is I, Yeshua. I come in the configuration of that Triadic iteration of the All That Is.

And I come in the forefront of that Triad of Metatron, Master Kuthumi, and myself to speak as that individual Master who has had life experience, who has had the difficulties of a lifetime, as have you. I am delighted to be part of this gathering, in this way, in this massive Collective that we all gather in, to answer your questions and to make my Presence very tangible to you, so that when you are in your private time, emanating that Divine Image to yourself and to others, you can draw on my energy.

For I was able to maintain a level of consciousness throughout the lifetime that I walked your Earth as Yeshua, in ways that you had to learn. And it was just an integral part of who I was in that body. So I can resonate with you in your difficult times. I see how difficult it is in that 3rd dimensional body. I was fortunate enough that my body was a 5th dimensional body. So I could carry a vibration that you are just now learning to carry, so that you can access the wisdom of your Spirit.

And I want to encourage you to continue. It won't be long now until you can maintain a level of consciousness that you had not even dreamed of nor considered.

So now, let's have a conversation. I open you to any comments you want to make, or any questions, or any difficulties you want to discuss. Or, on the other hand, wonderful things that you've discovered!

[46:58] (1) Hello, hi. This is Lucia. I would like to ask, it's like a question. After the second session, I work with Unified Field of Light and consciousness and Love. And right now, it's very stable and very supportive. And not only for me, this is for my clients, for my work. And after that, I'm receiving Undifferentiated Love and Light codes in the form of like Living Light but in the rhythm form. And this is a rhythm form codes I use for myself, for any circumstances, for any physical difficulties, for myself, for my clients. And right now I have a question.

Is there a connection between Source and people or humanity to raise the consciousness, to make them accept this Ascension and the descension, of two parts of our work. Is it correct or how can you explain to me more deeply to understand, because I'm using it and the Light Language..... I can express very easily to communicate and I see everyone who is coming into my body. And again I use it through my body, through this Unified Field, and this requires Star Tetrahedron, with White one, create all the ?spheres? when I work. So I would love maybe a more deep explanation, for more understanding of what I'm doing.

Yeshua: Yes, well certainly.

First of all, I want to make a little correction in your language, when you use the term "force" others to accept. You cannot force. We have on Planet Earth a free-will state.

So when you use the Undifferentiated Light of Source, the Undifferentiated Love, and you take it into your body and you emanate it, and you speak it through the Language of Light, it comes out through the channels of your voice and the sound templates. You put it into the sound template. That is enough. There is no force with it. It's just you emanate it, you speak it, it comes out through your hands, through your auric field, through that Unified Field. It is the full expression of yourself as that Christed Being. And you offer it with an open heart.

And that's what the purpose of the White Star Tetrahedron is. It puts you in direct communication with the Source of your Being, and you as a unified part of Source. You are the Holy Spirit. Early on we worked with the Holy Spirit as the bridge between Source and humanity. The Holy Spirit is that higher iteration of you as Source, as that Divine Image in form. It is the bridging between the vastness and the more concise, compact, denser version in a body. But the limitations are being removed through the Presence of the Star Tetrahedron, where you actually know, that you hold that consciousness of you as that Holy Spirit, as that Divine expression of the All That Is.

And you emanate it through your body, through your field, into your clients. And how they use it for their healing or for their raising of their consciousness is entirely up to them. You can only offer. Just in my lifetime, I offered many the opportunity to see what I saw. Unfortunately, only a few could see what I saw. But that is OK, because we are all together now. And now you see!

Do you understand?

Lucia: Yes. What about the written form, like I cannot see, but I cannot explain, but I am a writer, maybe it's a part of the Light Language in the written form.

Yeshua: Well, yes, you can write it, you can speak it, it is all a form of communication. And it brings more thoroughly and seats it in the physical, through the body. It seats it into the physical realm of Earth. All of those avenues of expression -- through the voice, whether you speak it, you write it, you emanate it in your body -- it is all designed to bring all of that into the world of form, in through the body into the Earth. So each of those things that you use at a physical level are very instrumental in this seating.

Lucia: I understand, thank you very much.

Yeshua: You are very welcome.

[54:11] (2) Vera

Oh, it was me, again. It was very empowering for you to mention concerning that we/I will be able to hold the Christed and the unified space. [Yeshua: yes, you will] Yes, and I begin to really believe it and know it.

I want to ask about consciousness, because I'm discovering a lot of, that I'm actually starting creating from within, and that feels very new to me. And it's almost in this being born on Earth at this time. I've been longing for us to collaborate as we do now. And yet I have not yet, I am beginning to fathom that it is actually real.

Yeshua: yes, it's not outside of you is it?

Vera: It's such a new space. And could you assist? I don't know really how to ask. But I want to put myself forward anyway, because otherwise it will be a knot in me or hidden. What would you say or advise.

Yeshua: I would advise you to continue to trust yourself, to feel, feel every part of it, as it comes into your body. And feel how it expresses itself to the exterior. You no longer grab for things outside of yourself, but you know that it emanates from your heart, your Sacred Heart, so that that consciousness of yourself as Spirit is taking hold in your body, through the interface of these Tetrahedrons, most importantly that White Star Tetrahedron, because it is a massive configuration of energies, of the Divine, of the Source of your Being. So it is in that interface that you are seeing it.

Trust yourself! You're exactly where you need to be. And you're moving at an extremely accelerated rate. And I know that you feel that. So, it's OK. You're perfect!

Vera: Because there is an ancient knowledge within, which was from your time and maybe a certain few other lifetimes, that are seeking to be birthed and into what is pouring in right now. And sometimes I can almost sense myself as I am a different Beings that begins to merge together as one alignment with this time.

Yeshua: Yes, exactly! That's exactly what is occurring.

Vera: Thank you. So that's actually a natural phenomena that is to be, because that's what I sense like, and I can walk through the city and I feel..... I don't force it, it's just an emanation that seems to come naturally. [Yeshua: yes] And at some places, nothing is going on at all. And I'm learning again, I think, just to allow myself to respond in a genuine, honest fashion. And I want that, because that's me.

Yeshua: Yes, that's your individual expression.

Vera: Yes, thank you very much. That was assisting in further seating my uniqueness inside this Christed. Thank you very much.

Yeshua: You are welcome, thank you for sharing.

[58:53] (3) John Walker

I have a quick question. You fascinated me by your early comments about while you were here a couple of thousand years ago you were actually in a 5th dimensional body. Out of curiosity, and I'm sure we all probably share this curiosity, what are some of the attributes of that 5th dimensional body versus where we are today in a 3rd dimensional body – just so that we can kind of watch for those things to happen.

Yeshua: Well, it looked very much like the body that you occupy. But, the difference being is the energetics and the vibrations that the body is capable of holding on a consistent basis, and that never ever varies. There was never any doubt about who I was, regardless of what was going on in the exterior world, where people could not accept what I said or who I was. It never altered my consciousness of who I was as a Divine Being here to seed humanity with those bits and pieces of consciousness as they were able to accept it. But I personally always could maintain that center and always that consciousness. And it never ever left me. There was never a doubt. The ego of a 3rd dimensional body often gets in the way with fear and worries about being accepted. I never was bothered by those things.

And I also had the full capacity of the Light Body energetics. That's how I could heal, I could perform the miracles that I performed. This, too, is yours. It is your Divine right as a Christed Being, and it is coming, at a very accelerated rate. You are altering your bodies step by step, as you build this coherence in your energetics. I didn't go have to go through that; I came in with that. So I have great compassion and Love for each and every one of you, for what you do now, because it will impact the collective consciousness of all humanity, all humans, for the next hundred years of your time. It will have that kind of effect.

John: Well, thank you. It certainly gives us something to look forward, and I appreciate your answer.

[62:02] (4) Sharka

Hello this is Sharka. Hello Master Yeshua. First I want to thank you for helping me as a little girl. You created many miracles for me, so thank you for that.

Yeshua: You are welcome for that!

Sharka: I have a question with some difficulties I still have. In last two years, I am having very uncomfortable physical experiences with these Ascension symptoms. It gets gradually better and better. I always believed that I am not sick. And I am not sick. However, I still am having some..... I have blocked ears and the last week actually started to be kind of more significant. Specifically more often when I am like with people I can't..... Can you give me some feedback what it is and what I can do.

Yeshua: First of all, be gentle with yourself. Your body is aging, dear one, and you are not alone. Often the hearing – it is nothing you have done. The hearing becomes difficult, especially when you are in groups of people where there is a lot of background noise. It is difficult to hear clearly what some individual is speaking, because of all of the noise in the background.

So, it will take some of the pressure off of you, if when you are in those situations, you just say, “pardon me, but I have difficulty hearing when there is a lot of background noise. Could you speak up?” And that’s perfectly all right. And it will get better, as you integrate some of these vibrations that we are showing you now, and building this coherency within the body’s vibration, so that it can hold those higher frequencies. You won’t be as bothered by these symptoms, and you will create a level of health and well-being in your physicality.

But the body does age at some juncture. And even though you are doing the energetic work, and you are raising your consciousness, and you are living your consciousness, the body still has difficulty, and it’s slow to react to those vibrations that you are creating. So, be gentle.

Sharka: Thank you.

Yeshua: You are welcome, dear

[65:19] (5) Carolyn

Hi, this is Carolyn. So in this time that we've been working with the Blue Tetrahedrons, then there is a wonderful expansion of my Unified Field, of my consciousness, and I noticed that the Arc of the Covenant seems to really light up. But, it's very close, it's staying close in to my body. And I guess I feel some confusion about feeling so expanded and yet cocooned at the same time. Can you talk about the interface of the, or how the Arc of the Covenant interfaces with the expansion of our consciousness?

Yeshua: It is an emanation of your consciousness, dear one. And when it is very close, in the close proximity of the physical body, it is drawing the energies that you are creating within your body, the energies that you are creating through the Star Tetrahedron, the White Star Tetrahedron, the consciousness that you possess at a Spirit level, as the Spirit descends and ascends in and out of the body. Eventually, that Spirit will be able to anchor in the body and everything ascends as a unit.

So, don't be concerned about the proximity so much of the Arc of the Covenant. Just be very happy that it's activated, that that 2nd Triad is functioning to a degree that allows that emanation of all of the Arc of the Covenant and the access that it brings in a more direct communication with Universal Mind, with the Mind of Source. That's what that emanation does for you, those energetics in the Arc of the Covenant, so that your..... I think in the last grouping one of the participants of you voiced a mind-meld. That's what that is – it's the melding of your higher mind with the Mind of Source.

So, with that activation in the 2nd Triad that helps activate that Arc of the Covenant, then that expands further into that 3rd Triad, where the melding, if you will, of minds, of the mind takes place. And it begins to function as a unit, so that your thoughts are Thoughts of the Divine, your thoughts are you as the Holy Spirit thinks, not from your ego, not from the fallen state of your mental body. Do you understand?

Carolyn: I do, thank you very much.

Yeshua: You are welcome. Thank you very much.

[68:56] (6) Jana

Hello, Yeshua! This is Jana, Miss Mind-Meld.

Could you speak to us..... I understand we all are having are individual expressions and journeys. Could you speak about the unfolding of this year for us as a Collective in terms of..... as we gain more consistency with our refined states of consciousness..... I'm just kind of looking for words here, but what ratio, for lack of a better word, in our daily lives is most beneficial for us to be focusing on our own personal, individual energetics, to enhance them, and you know being kind and gentle with our bodies, but yet at the same time wanting to continue this journey, versus focusing out in the world. For instance, someone spoke about Monday there was a global meditation that had an intention for the area of Syria, where there is a lot of turmoil and density and so on. So is it beneficial for us as we gain in our consistency, in our coherency, to actually put ourselves out there in the world?

Yeshua: Of course! However, that said, you must devote the primary focus at this time of your journey is on self-introspection, building that coherence within your body, making those connections within your energetic system, expanding the Triadic system, building the coherence, further coherence, personally, in your personal energetic field. Primarily this is the focus, because you cannot be an emanation of the Divine Christed Image if you cannot hold it and anchor it in your physical body. And anchor that physical body into the Earth, into the Christed Matrix of Mother Earth.

So this has to be, for now, that has to be your focus. Yes, should you participate in the outside world? Absolutely! It teaches you many, many things about where you still need to polish the rough edges, where it is you are still in judgement – of yourself and others, where you still compare, where that ego still kind of raises its head from time to time. You cannot get that if you segregate yourself; you can only get that by being that Image in the world.

But you have to allow the private time daily for a certain segment of your day, before you go out into the world. So when you are in the world, you are in the world emanating that Image, but you are not of it.

Jana: Yes, I think this is getting to the crux of the matter of trusting that it's fine to be practicing holding sacred space and stability, where we see, you know, incoherency and so on. And in that, I guess, practicing neutrality [Yeshua: exactly], that state of impeccable neutrality, that's very much anchored in

Yeshua: Always coming from the perspective of the Sacred Heart and the White Star Tetrahedron. You anchor yourself there every single day. So you come from that energetic as you enter in the outside world, able to maintain that coherence within yourself.

Jana: Thy Will be done through me.

Yeshua: Exactly. So, these gatherings that we have together are so important in escalating a change in the body and in growing the consciousness, so that you can simultaneously be that Image at an individual level and yet know yourself at that Collective level. And there is no variance there.

So I want to reinforce, also, that it is in this group dynamics that many things will be altered, for each of you individually and for the collective consciousness of humanity. And it is coming.

We cannot say, well next week we're going to cover this or we're going to do this, because this is a co-creative situation here. So as you take the guidance from us, from the Collective Consciousness of the All That Is, the vastness of who you are, you take that guidance and you bring it into the body, and you use it, and you expand it from the mastery that you are, then that alters the next meeting substantially, because you are co-creating the format that we are going to be using together during this year.

Jana: I wish I could see fractality of the cosmos [laughter]. It must be just extraordinarily beautiful to behold.

Yeshua: It's exquisite.

Jana: The little glimpses last week..... after our meeting, in the sleep state, Joan and I were holding this golden, pure golden treasure chest that was just completely filled on the outside with jewels, and we were like little kids giggling [laughter], holding this to open up this beautiful golden treasure chest. So, will our perception, I don't know if perception is the right word, but will our direct experience begin to hold more symbology?

Yeshua: Yes, but you won't have to worry, or you won't have to think about what that symbology means. You'll know it the minute it shows up. You don't have to go somewhere and look it up or ask somebody, "what does that mean?" The symbol comes along with..... the Image that you get, you know the symbology. It's known instantly. That's the change that is coming very quickly.

Jana: OK, yeah it was more for me, I mean it was a dazzling, beautiful thing, but more for me it was the coming together and the light-hearted laughter and joy and all of the higher vibration emotional energetics [Yeshua: correct] that went with that experience that I really felt in my heart.

Yeshua: Well, thank you for sharing.

Jana: Thank you

.....

[67:50] JOHN:

Thank you, Yeshua, for handling all those wonderful questions and your knowledge and we can't be more thankful.

So now, we're going to move on to the next part of our program, and it's I remember, I think, it's Lord Metatron.....

So thank you, again.

[78:28] LORD METATRON:

It is I, Metatron. I come from the vastness of the All That Is. And I come in an iteration of that vastness, in a Triadic formulation of myself, Master Yeshua, and Master Kuthumi.

We, in this configuration, are beginning to model to you, Beloveds, Collective Consciousness, simultaneously modeling an individual Divine expression. It is difficult at this stage to really consider what Unity Consciousness is and the vastness of that Consciousness that you possess individually and collectively. So, as we travel together in the coming months, we will continually reinforce that you now are in a position to occupy a state of consciousness of being the individual expression of your Spirit and simultaneously knowing, beginning to know, the vastness at the Collective level, the wisdom that you hold within you.

Now, before we get into some energetic work, we would like to discuss the Triadic system and expand on that system. First of all, the 1st Triad is no longer composed of just the Heart chakra, the Throat chakra, the Thymus or the High Heart. It is also composed of the first three chakras. It is you, as that Divine Image in a body navigating Earth through the 1st, 2nd, and 3rd chakras, because those chakras have been transformed now. And they carry a vibration, because of the presence of that merged state of the Sapphire Blue Star Tetrahedron, they carry a vibration that is more resonant with the Triadic energetic configuration that was once just held from the Sacred Heart, the Throat, and the Thymus. But now, it is a more massive unit that spins.

It is a vortex of energetics that becomes very easily anchored, just by shifting your attention, moving your attention, from the interior of yourself, from that spinning vortex of energy of the 1st Triad, and see it extend down into Earth, into that Christed Matrix. So the two matrices, Christed Matrices, the one in your Heart, in your physical body, and the one in the Earth now begin to merge in that energetic spinning of the 1st Triad. And the energetics becomes very, very coherent and unified through the presence, not just of that Blue Star Tetrahedron but of the White unifying, massive White, luminous White Star Tetrahedron. It alters that spin of the 1st Triad substantially, massively. It is no longer linear. It is just this massive vortex of energy that consistently interfaces between the Christed Matrix in your Heart and within the Christed Matrix of the Earth.

This is very important to get established, so we encourage you to work with that 1st chakra, the 2nd chakra, the 3rd chakra, checking in with it daily to make sure that it is open and spinning and still merged with that Sapphire Blue Star Tetrahedron energy. And then see that entire 1st Triad spinning in this massive, massive unit of energy, extending into the Christed Matrix of the Earth. And so the whole thing becomes unified. The power that is in the Earth, the power that is within your body, and the power that you are generating within that spinning vortex is expansive.

So that is the first part of this information that we are wishing to relay to you from the Collective Consciousness of the All That Is. We are expanding exponentially your energetic field.

Now, let's go on to this 2nd Triad. This is a very important center, because it is where you create from. You create from your Heart, yes, but the mechanism within that 2nd Triad is a very important mechanism. And we have already opened those channels between the individual chakra functioning of the 3rd Eye, the Pineal, and the Medulla Oblongata. And that Medulla Oblongata is open and functioning. And when the three function as one, it becomes a very potent mechanism, from which to manifest on Earth in a physical form. It is how you manifest and create form within form.

You are well aware of the functioning of what happens in that Pineal center and how it is so merged with that 3rd Eye and the Medulla now, so that you actually create Light within your body. Yes, you can draw that Undifferentiated Light in from the Source of your Being, but you, at this stage, are beginning to understand and learn about Unity Consciousness. And when you begin to see that in yourself, you begin to create that Undifferentiated Light, because you are an emanation of that Divine Image in that 2nd Triad. And you can direct it and use it in many, many applications. There is no limitation to what you can create.

So, I want to make you aware of the expansion of that 2nd Triad, because of the presence that has been created through the interface of that Sapphire Blue Star Tetrahedron and then the further merging into that White Star Tetrahedron. That is the emanation, the iteration, of the All That Is, compressed into a Unified Field of experience.

And when you merge that 2nd Triad with the 1st Triad, the power that you generate is extensive, because you are not only drawing from the physicality of yourself, but you are drawing from the Divine emanation of yourself. Can you see that?

Take a moment here and feel that in your body.....

The unification that is going on at this very moment is extensive.....

Now, stay with me! We're going on to that 3rd Triad. This is a very important Triadic configuration. As you know, it is composed of the Crown, the Soul Star, and that 8th chakra which is Universal Mind as it applies to your physical existence as a Divine emanation. This has been upgraded substantially in the presence of that Sapphire Blue Star Tetrahedron and in the presence of the White, luminous White Star Tetrahedron.

A unified expression is being amplified. So what is happening here is that Crown that is open as a receiver can now generate into the cosmos what you are creating within your Triadic system. There is a merging of your Higher Mind, your Christed Mind, that you are in full possession of – there is a merging between your personal Mind, your personal Image, Divine Image. That Mind is merged with the Mind of Source, as it applies to the physical realm.

Sit with that a moment!

Can you see how all restrictions, any limitation that you ever held of yourself, is being lifted? For Source has no limitation, whether it's physical or nonphysical, there is no limitation.

Now, let's look at that Soul Star a little closer. It performs a very important duty. It held within it parts of your Soul, until your body could accommodate a more full presence of that Soul, until the Soul could descend in the body, when the body could hold the vibration and a consciousness to allow the wisdom of that Soul to be present in the body. That's been accomplished long ago.

But it also holds the knowledge of you at a Collective level. And that's becoming more available to you by your interface with us and your interface with each other.

There's one other thing that is now happening, because it is an asset as the Spirit of you, that has no limitation, takes its descent into the body. And we are in the process of creating a vibration in the body to accommodate its presence for longer periods of time, because it is that vastness of Spirit, of you. The vastness of your Being possesses all wisdom of all things. So that's becoming available, slowly but surely.

So, as that Triad spins and spins and spins, it affects the neurology of the body, your ability to communicate within the neurology of the body, energetically and conceptually, and it affects the mental-emotional body exponentially. It affects the mental body so the thoughts that are thought are consistently thoughts from the level and wisdom of the vastness of your SoulSpirit. And when that veers away from that formatting, when sometimes you are bothered by outside influences or your ego kind of raises its head a little, you immediately have the ability to shift that with very little difficulty.

So this 3rd Triad becomes an integral part of this transformative process that we are engaged in together. So as it spins and it spins, it builds up a momentum that can be maintained and never dissipated. And here again, it is merged in with this massive energy vortex that we are creating of this Triadic system. And it engages with the remainder of those upper chakras in ways that you had not even imagined, nor can you imagine, until you experience them.

But that entire system, then, becomes engaged, those upper chakras, the remaining upper chakras, the interface with the Lords of Light, the merging, the further merging of the Mind, not just with Universal Mind that pertains to form but the Mind of Source, is maintained and achieved. And the remaining chakras then, of those 14-chakra system, fold in and become part of that 3rd Triad. And it all becomes a functioning unit of spinning energy, within the body, and anchored into the Christed Matrix of the Earth.

So the Earth also begins to resonate with that vibration, providing you with the opportunity to create the environment to help you maintain that exact replica in the outside world, so that [you] the Earth then, with the Earth energy engaged in this whole system, begins to resonate a frequency range and a vibration that begins to create an environment, a Christed environment, for you to experience life and not be distracted by the fallen template that was once present.

Now that's that's huge! for you to begin to create the foundations of that within the Earth. Now it's not going to happen overnight. Don't have false expectations that tomorrow all war will be gone, all trauma, all the killing, all the misuse of power will be gone. It won't. We are just building a foundation within the Earth, for the Earth energy to create that environment.

We, together, are creating the environment in the body, in the consciousness.
Do you see?

[100:20] Now, take a deep breath.....

Focus your attention inside of your body, and let's begin to spin the 1st Triad, all of it, composed of the 1st, 2nd, 3rd chakra, 4th chakra, and 5th chakra.....

Spinning and spinning and spinning, this massive vortex that spins within the body, around the body. It now has no limitation to its expansive nature as it spins and it spins.

And it anchors in that spinning deep within the Heart of Mother Earth, into that Christed vortex..... creating a massive frequency of Light, emanating throughout the Earth, on the interior and the exterior, creating a massive Light within and around the body.....

Spinning and spinning, unified, massive Light that you are creating.....

Now, let us invite the 2nd Triad to open, spinning the 3rd Eye, the Pineal, the Medulla Oblongata, spinning and spinning, creating a massive amount of Light, Undifferentiated Light, creating that Light within that spinning vortex and merging it into the 1st Triad.

And that Light is so massive now. It extends down into the Earth with no difficulty, illuminating the Christed Matrix, illuminating Earth.....

The body resonates with the Undifferentiated Light of the Source of your Being.....

And here comes the 3rd Triad on line, ready, open, spinning!

Your Christed Mind merges with the Mind of the Source of your Being.....

Your awareness of the vastness of yourself as that Christed Image at a Collective level.....

All the while being in an individual body, emanating that Image.

The Crown transmits as well as receives now. And as that Triad spins and spins, it picks up momentum and begins to create more Light.

And the upper chakras all come into that 3rd Triad, as it merges with the 1st and the 2nd, creating, expanding.

The illumination of the Undifferentiated Light, within and without, is extensive. And it, too, anchors into the Matrix of Earth, of that Christed Matrix.....

All is in a unified, Divine expression. And the descent of Spirit takes place immediately as that spinning has begun. And it sits in the body for longer periods of time, in the presence of that Undifferentiated Light that you have created in this moment. And it adds to the Light that is already there.....

And you thought it couldn't get any better!

We have just begun!

Sit in the Radiance of yourself, Divine Creator.....

And the body is responding, for it thirsts for this Light..... [Pause]

This is why you have come into this embodiment, for this very moment's experience.

You knew all along..... that something wonderful would happen in this lifetime.

And it has begun.....

Be gentle in the coming days. Some of you will have to rest your body more frequently because of the influx of Light. But I assure you, it won't be that difficult. The body thirsts and is drinking in a level of this Light that you are emanating into it, with very much ease and consistency.

But be gentle with yourself.

Some of you will want to withdraw and be quiet. Follow what you know and trust it.

You did well, Beloveds, and we are so glad we could lead you into this discovery of your creative powers.

We will close our gathering, but this does not cause any separation within our Collective. We remain unified.....

Sit in this field of unification for a few moments.....

Blessings, Beloveds!